

CERTIFICATE

OF PARTICIPATION

This is to certify that

Lizette Van den Berg

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2017 #6

held at Cowhouse Market.

TIME 01:39:04

PACE 06:36/km

OVERALL 21 of 34

GENDER 5 of 12

40 - 49 1 of 3

01 October 2017, Sun

Date



BoutTime

Signature